



## Youth Basketball Rules

Divisions	Pre K	K-1st	2-3rd	4-5th	Middle School	High School
<b>Equipment</b>						
Ball Size	Mini	27.5	28.5	Full Size (28.5 Girls)	Full Size	Full Size
Hoop Height	6.5 feet	8 feet	9 feet	10 feet	10 feet	10 feet
Size of Court	Full Court	Full Court	Full Court	Full Court	Full Court	Full Court
<b>Players</b>						
Number of Players	4v4 or 5v5	4v4 or 5v5	5v5	5v5	5v5	5v5
Subs	Anytime	dead ball / normal	dead ball / normal	dead ball / normal	dead ball / normal	dead ball / normal
Coaching position	2 on court	1 on court, 1 at hoop	at bench	at bench	at bench	at bench
<b>Timing</b>						
Game Time	12 min halves	12 min halves	15 min halves	15 min halves	16 min halves	17 min halves
Stop Clock	N/A	N/A	Last min of both halves	Last 2 min of both halves	Last 2 min of both halves	Last 2 min of both halves
Keep Running (Official Discretion)	N/A	N/A	10 points at second half	10-15 points at second half	15 points at second half	15 points at second half
Team Timeouts	N/A	N/A	2 per half (60 sec)	2 per half (60 sec)	2 per half (60 sec)	2 per half (60 sec)
Out of Timeouts	N/A	N/A	ignore	turnover	turnover / tech	turnover / tech
Overtime	N/A	N/A	only for playoffs	only for playoffs	only for playoffs	only for playoffs
OT Timeouts	N/A	N/A	1 (60 sec)	1 (60 sec)	1 (60 sec)	1 (60 sec)
OT Length	N/A	N/A	3 min	3 min	3 min	3 min
<b>Offense / Defense</b>						
Show Score (Official Discretion)	N/A	N/A	Yes (within 10 points)	Yes (within 15 points)	Yes	Yes
Full Court Defense (Official Discretion)	N/A	N/A	Last min of second half (if within 10 points)	Last 2 min of both halves (if within 15 points)	Anytime (within 20 points)	Anytime (within 20 points)
Screens	N/A	N/A	Yes	Yes	Yes	Yes
Stealing	None	pass or loose ball	pass or loose ball	Anytime	Anytime	Anytime
Defense	Man with wristbands	Man with wristbands	Man or Zone	Man or Zone	Man or Zone	Man or Zone
<b>Possession</b>						
Start	Home team first	Home team first	Home team first	Jump Ball	Jump Ball	Jump Ball
Switch Possession	switch at half	switch at half	Possession Arrow	Possession Arrow	Possession Arrow	Possession Arrow
Switch Direction	No	No	Yes	Yes	Yes	Yes
<b>Violations</b>						
Boundary	Only Obvious	Both feet or ball	Normal	Normal	Normal	Normal
3 Seconds	N/A	N/A	N/A	3-5 sec	Yes	Yes
Traveling	N/A	Enforce as season goes	redo / turnover (Turnover by halfway)	3 steps / advantage	Normal	Normal
Double Dribble	N/A	redo / ignore	redo / turnover (Turnover by halfway)	Normal	Normal	Normal
<b>Fouls</b>						
Free Throws	N/A	N/A	1 Shot (2 points)	Normal	Normal	Normal
Excessive / Hard	N/A	Turnover	Turnover	Treated as tech	Treated as tech	Treated as tech
Technical (2 shots & ball)	N/A	N/A	Must sit / removed on 2nd	Must sit / removed on 2nd	Must sit / removed on 2nd	Must sit / removed on 2nd
Coach Tech (2 shots & ball)	N/A	N/A	Must sit / removed on 2nd	Must sit / removed on 2nd	Must sit / removed on 2nd	Must sit / removed on 2nd